

CORE Subjects	Lesson and Resources	Notes / Extension Task
ENGLISH	<p><b>Lesson 1</b> Please complete the run through exam lessons to help structure your responses to Language Paper 1 – Focus on Q1 and 2 This lesson: <a href="#">LP1 - Reading Walkthrough.pptx</a> English Paper Insert: <a href="#">Hartop extract.pdf</a></p> <p><b>Lesson 2</b> Please complete the run through exam lessons to help structure your responses to Language Paper 1 – Focus on Q3 This lesson: <a href="#">LP1 - Reading Walkthrough.pptx</a> English Paper Insert: <a href="#">Hartop extract.pdf</a></p> <p><b>Lesson 3</b> Please complete the run through exam lessons to help structure your responses to Language Paper 1 – Focus on Q4 This lesson: <a href="#">LP1 - Reading Walkthrough.pptx</a> English Paper Insert: <a href="#">Hartop extract.pdf</a></p> <p><b>Lesson 4</b> Plan and write your “somewhere” paragraph using this powerpoint: <a href="#">1. LP1 Writing - Planning + Somewhere + Someone.pptx</a></p> <p><b>Lesson 5</b> Plan and write your “someone” paragraph using this powerpoint: <a href="#">1. LP1 Writing - Planning + Somewhere + Someone.pptx</a></p> <p><b>Lesson 6</b> Plan and write your “something” paragraph using this powerpoint: <a href="#">2. LP1 - Writing - Something + Climax + Resolution.pptx</a></p> <p><b>Lesson 7</b> Plan and write your “Climax and resolution” paragraph using this powerpoint: <a href="#">2. LP1 - Writing - Something + Climax + Resolution.pptx</a></p>	

CORE Subjects	Lesson and Resources	Notes / Extension Task
<b>MATHS</b> <b>HIGHER</b> <b>(Sets 1 &amp; 2)</b>	<p><u>Lesson 1</u>  Probability Scale <b>Sparx: U803</b>  Complete the questions at all levels.  Follow this link and answer the questions.  <a href="#">Probability scale</a></p> <p><u>Lesson 2</u>  Listing outcomes  Follow this link and answer the questions.  <a href="#">Listing outcomes</a></p> <p><u>Lesson 3</u>  Probability <b>Sparx: U408, U510</b>  Complete the questions at all levels.  When finished, follow this link and answer the questions.  <a href="#">Probability</a></p> <p><u>Lesson 4</u>  Relative frequency  Follow this link and answer the questions.  <a href="#">Relative frequency</a>.</p>	<p><u>Notes:</u>  Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div style="border: 1px solid #ccc; padding: 5px; display: inline-block;"> Independent Learning </div> <p>And then search for the relevant task in the Search bar:</p> <div style="background-color: #0078d4; color: white; padding: 5px; display: inline-block;"> Search for topics: <input style="width: 150px;" type="text"/> Your curriculum: <input style="width: 150px;" type="text"/> </div> <p>Use the videos for support as you answer the questions.</p> <p><u>Extension Tasks:</u>  Go to:  <a href="https://www.examq.co.uk/">https://www.examq.co.uk/</a>  Search for 'Linear Graphs'  Answer the GCSE exam questions  Check your answers using the markscheme</p>

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MATHS HIGHER (Sets 1 & 2)	<p><u>Lesson 5</u>          Expected outcomes <b>Sparx: U166</b>          Complete the questions at all levels.</p>	<p><u>Notes:</u>          Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1356 377 1455 457" style="border: 1px solid #0070C0; padding: 5px; text-align: center;">         Independent Learning       </div>
	<p><u>Lesson 6</u>          Frequency trees <b>Sparx: U280</b>          Complete the questions at all levels.          When finished, follow this link and answer the questions.  <a href="#">Frequency trees</a></p>	<p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1356 509 1866 573" style="border: 1px solid #0070C0; padding: 5px; display: flex; justify-content: space-between;"> <div style="flex: 1;">         Search for topics: <input type="text" value="Enter topic name or code"/> </div> <div style="flex: 1;">         Your curriculum: <input type="text" value="GCSE"/> </div> </div> <p>Use the videos for support as you answer the questions.</p>
	<p><u>Lesson 7</u>          Sample space diagram <b>Sparx: U104</b>          Complete the questions at all levels.          When finished, follow this link and answer the questions  <a href="#">Sample space diagrams</a></p>	<p><u>Extension Tasks:</u>          Go to:  <a href="https://www.examqa.co.uk/">https://www.examqa.co.uk/</a>          Search for 'Linear Graphs'          Answer the GCSE exam questions          Check your answers using the markscheme</p>

CORE Subjects	Lesson and Resources	Notes / Extension Task
<b>MATHS FOUNDATION</b> <b>(Sets 3, 4 &amp; 5)</b>	<p><u>Lesson 1</u>          Probability Scale <b>Sparx: U803</b>          Complete the questions at all levels.          Follow this link and answer the questions.  <a href="#">Probability scale</a></p>	<p><u>Notes:</u>          Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1365 377 1455 457" style="border: 1px solid #0070C0; padding: 5px; text-align: center;">         Independent Learning       </div>
	<p><u>Lesson 2</u>          Listing outcomes          Follow this link and answer the questions.  <a href="#">Listing outcomes</a></p>	<p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1365 509 1866 573" style="border: 1px solid #0070C0; padding: 5px; display: flex; justify-content: space-between;"> <div style="flex: 1;">         Search for topics: <input type="text"/> </div> <div style="flex: 1;">         Your curriculum: <input type="text" value="GCSE"/> </div> </div> <p>Use the videos for support as you answer the questions.</p>
	<p><u>Lesson 3</u>          Probability <b>Sparx: U408, U510</b>          Complete the questions at all levels.          When finished, follow this link and answer the questions.  <a href="#">Probability</a></p>	<p><u>Extension Tasks:</u>          Go to:  <a href="https://www.examqa.co.uk/">https://www.examqa.co.uk/</a>          Search for 'Linear Graphs'          Answer the GCSE exam questions          Check your answers using the markscheme</p>
	<p><u>Lesson 4</u>          Relative frequency          Follow this link and answer the questions.  <a href="#">Relative frequency</a>.</p>	

CORE Subjects	Lesson and Resources	Notes / Extension Task
MATHS FOUNDATION (Sets 3, 4 & 5)	<p><u>Lesson 5</u>          Expected outcomes <b>Sparx: U166</b>          Complete the questions at all levels.</p>	<p><u>Notes:</u>          Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1356 377 1455 457" style="border: 1px solid #0070C0; padding: 5px; text-align: center;">         Independent Learning       </div>
	<p><u>Lesson 6</u>          Frequency trees <b>Sparx: U280</b>          Complete the questions at all levels.          When finished, follow this link and answer the questions.  <a href="#">Frequency trees</a></p>	<p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1356 514 1873 578" style="border: 1px solid #0070C0; padding: 5px; display: flex; justify-content: space-between;"> <div style="flex: 1;">         Search for topics: <input type="text" value="Enter topic name or code"/> </div> <div style="flex: 1;">         Your curriculum: <input type="text" value="GCSE"/> </div> </div> <p>Use the videos for support as you answer the questions.</p>
	<p><u>Lesson 7</u>          Sample space diagram <b>Sparx: U104</b>          Complete the questions at all levels.          When finished, follow this link and answer the questions  <a href="#">Sample space diagrams</a></p>	<p><u>Extension Tasks:</u>          Go to:  <a href="https://www.examqa.co.uk/">https://www.examqa.co.uk/</a>          Search for 'Linear Graphs'          Answer the GCSE exam questions          Check your answers using the markscheme</p>

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM WEDNESDAY 7 TO FRIDAY 16 JANUARY 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
SCIENCE	<p>Lesson 1: KS4&gt; Bonding &gt; Giant Covalent structures Graphene  <a href="#">Curriculum - Curriculum</a></p> <p>Lesson 2: Polymers  <a href="#">Curriculum - Curriculum</a></p> <p>Lesson 3: Metallic Bonding  <a href="#">Curriculum - Curriculum</a></p> <p>Lesson 4: Solids, Liquids and Gases  <a href="#">Curriculum - Curriculum</a></p> <p>Lesson 5: Biology&gt; Organisation&gt; Food tests  <a href="#">Curriculum - Curriculum</a></p> <p>Lesson 6: Digestive enzymes  <a href="#">Curriculum - Curriculum</a></p> <p>Lesson 7: Digestion  <a href="#">Curriculum - Curriculum</a></p>	<p><a href="#">Sparx - How to Use</a></p> <p><b>Notes:</b>  Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div style="border: 1px solid #ccc; padding: 5px; display: inline-block;"> Independent Learning </div> <p>And then search for the relevant task in the Search bar:</p> <div style="border: 1px solid #0070C0; padding: 5px; display: inline-block;"> Search for topics: <input type="text"/>  Your curriculum: <input type="text" value="Key Stage 3"/> </div>

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Foundation Subject	Lesson and Resources	Notes / Extension Task
ART	<ol style="list-style-type: none"> <li>1. Draw a still life set up of tools or cutlery spend at least 2.5hrs drawing from it in pencil very accurately</li> <li>2. Research the artist Jim Dine Copy on of his tool images</li> </ol>	
BUSINESS STUDIES	<a href="#"><u>12. Market Research Qaul and Quan (1).pptx</u></a> <a href="#"><u>13. Segmentation (1).pptx</u></a>	
COMPUTER SCIENCE	<u>Lesson 1</u> Go to <a href="#"><u>Hexadecimal notation - Binary and data representation - Edexcel - GCSE Computer Science Revision - Edexcel - BBC Bitesize</u></a> . Read through the section on Hexadecimal Notation.	
	<u>Lesson 2</u> Go to <a href="#"><u>Calculating file sizes - Binary and data representation - Edexcel - GCSE Computer Science Revision - Edexcel - BBC Bitesize</u></a> . Read through Calculating File sizes	
	<u>Lesson 3</u> Go to <a href="#"><u>Sound - Binary and data representation - Edexcel - GCSE Computer Science Revision - Edexcel - BBC Bitesize</u></a> and read through the Sound section.	
	<u>Lesson 4</u> Go to Smart revise and answer question on hexadecimal, file sizes and sound files	

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DRAMA	Read Find Me (a copy can be taken from 103)	
DT	<p><u>Lesson 1</u> INSET</p> <p><u>Lesson 2</u> Preparation for mid year exam. Please contact Mrs Palomino for details.</p> <p><u>Lesson 3</u> Preparation for mid year exam. Please contact Mrs Palomino for details.</p> <p><u>Lesson 4</u> This is a practical lesson and you will need to arrange with Mrs Palomino when you can catch up</p>	
FOOD	<p><u>Lesson 1</u> INSET</p> <p><u>Lesson 2</u> Introduction to food choice. Please contact Mrs Smith for details.</p> <p><u>Lesson 3</u> Dietary needs at different life stages: Pregnancy. Please contact Mrs Smith for details.</p> <p><u>Lesson 4</u> Dietary needs at different lifestages: Babies and toddlers. Please contact Mrs Smith for details.</p>	

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM WEDNESDAY 7 TO FRIDAY 16 JANUARY 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
FRENCH	<p>Here are the exam themes:</p> <ol style="list-style-type: none"> <li>1) Identity and Culture</li> <li>2) Local Area and Holidays</li> <li>3) School</li> <li>4) Future Plans</li> <li>5) Global Issues and Events</li> </ol> <p>Here are BBC Bitesize links to the topic we are studying at the moment:</p> <ul style="list-style-type: none"> <li>- T2: <a href="#">Places to see and things to do in French</a></li> <li>- T3: <a href="#">What school is like in French</a></li> <li>- T3: <a href="#">School activities in French</a></li> <li>- T4: <a href="#">Ambitions in French</a></li> </ul> <p>All revision resources are in this folder on the Student (P) Drive:  <a href="#">CLICK HERE</a></p>	<p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Watch the video on Bitesize and complete the activities.</li> <li>2. Make a note of any new words in French and English</li> <li>3. Revise a set on <a href="#">Vocab Slam</a></li> <li>4. Go to the student P drive and choose a revision resource.</li> </ol> <p><b>Quizlet</b> - Join your Year 10 French group here:  <a href="#">Year 10 French Quizlet</a></p> <p><b>Homework / Extension tasks:</b></p> <ol style="list-style-type: none"> <li>1. Active Learn. Go to  <a href="https://www.pearsonactivelearn.com/app/Home">https://www.pearsonactivelearn.com/app/Home</a>            Your username is your Regis School email.            Your password is Tr5Reset20            Complete set tasks.</li> </ol>
GEOGRAPHY	<p><b>Section A: Hazardous Earth</b></p> <p>w/c 7 January            Revision for assessment</p> <p>w/c 12 January  <b>Section B: Development &amp; India</b>            L1 – Development indicators /HDI            L2 – Demographic data</p>	

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HEALTH & SOCIAL CARE	<a href="#">Lesson 29 - Health and Wellbeing.pptx</a> <a href="#">Lesson 30 - Physical and Mental Illnesses.pptx</a> <a href="#">Lesson 31 - Relationship Changes.pptx</a> <a href="#">Lesson 32 - Life Circumstances.pptx</a>	
HISTORY	Click on the link below, click on 'history' and work through topics missed in the medicine through time and Germany unit. <a href="https://continuityoak.org.uk/Lessons">https://continuityoak.org.uk/Lessons</a>	You will need a pen , paper and headphones if working in a shared area.
MEDIA STUDIES	Please see work set on Arbor <a href="#">1. Intro to PSA.pptx</a> <a href="#">2. Existing magazine analysis Adventure PSA.pptx</a>	
MUSIC	An introduction to the Western Classical tradition <a href="https://thenational.academy/pupils/lessons/an-introduction-to-the-western-classical-tradition?share=true">https://thenational.academy/pupils/lessons/an-introduction-to-the-western-classical-tradition?share=true</a>	
PHYSICAL EDUCATION BTEC & GCSE	Teachers will email specific students missing from their class or email your teacher for guidance.	Please email your class teacher to request work. Your teacher will set you work that is bespoke to the unit you are currently covering in lesson. Email address are below for ease. <b>YEAR 10 GCSE</b> Mr James or Mr Thompson <a href="mailto:ajames1@theregisschool.co.uk">ajames1@theregisschool.co.uk</a> <a href="mailto:Rhys.Thompson@theregisschool.co.uk">Rhys.Thompson@theregisschool.co.uk</a> <b>YEAR 10 BTEC</b> Mr Manvell or Miss Parker <a href="mailto:Daniel.Manvell@theregisschool.co.uk">Daniel.Manvell@theregisschool.co.uk</a> <a href="mailto:Jessica.Parker@theregisschool.co.uk">Jessica.Parker@theregisschool.co.uk</a>

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM WEDNESDAY 7 TO FRIDAY 16 JANUARY 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
PSYCHOLOGY	End of Topic Test Complete the end of topic or more revision for the topic of memory	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder
	Intro to Depression Define the term unipolar depression Identify the different symptoms of depression State statistics to show the impact depression has on society	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder
	Genetic Explanation Define the term genetic approach to depression Outline the impact genetics has on depression Describe the findings of twin studies on depression Evaluate the genetic approach with reference to scientific approach and ignoring other factors	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder
	Cognitive approach to depression Define the term cognitive approach Describe the stages of theories from Ellis's ABC model and Beck's cognitive triad Evaluate the cognitive approach with reference to link to treatment and the causes of depression	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder

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RELIGIOUS STUDIES		Notes: 1. Open the link and complete the lesson by following the instructions for each task. Extension task: Create a ten question quiz about this topic.
		Notes: 1. Open the link and complete the lesson by following the instructions for each task. Extension task: Create a ten question quiz about this topic.
		Notes: 1. Open the link and complete the lesson, pause the video as and when needed. Extension task: Create a ten question quiz about this topic.
		Notes: 1. Open the link and complete the lesson, pause the video as and when needed. Extension task: Create a ten question quiz about this topic.
SPANISH	<p>Here are the exam themes:</p> <ol style="list-style-type: none"> <li>1) Identity and Culture</li> <li>2) Local Area and Holidays</li> <li>3) School</li> <li>4) Future Plans</li> <li>5) Global Issues and Events</li> </ol> <p><a href="#">Here are BBC Bitesize links to every topic.</a></p> <p>All revision resources are in this folder on the Student (P) Drive: <a href="#">CLICK HERE</a></p>	<p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Watch the video on Bitesize and complete the activities.</li> <li>2. Make a note of any new words in Spanish and English</li> <li>3. Choose a <a href="#">Vocab Slam</a> set to revise.</li> <li>4. Go to the student P drive and choose a revision resource.</li> </ol> <p><b>Extend:</b></p> <ol style="list-style-type: none"> <li>1. Active Learn. Go to <a href="https://www.pearsonactivelearn.com/app/Home">https://www.pearsonactivelearn.com/app/Home</a> Your username is your Regis School email. Your password is Tr5Reset20 Complete set tasks.</li> </ol>